

## Beavers – Bug Busting



Julie O'Malley, Kirsty Wilson and Olivia Fishwick from Wigan Borough CCG were delighted to run a pilot for the new "Antibiotic Guardian" award with a local Beaver Group. This new award will eventually be rolled out across the UK and worldwide!

Tackling Antibiotic Resistance and reducing rates of infection is a key aim for the UK Government and Public Health England. Resistance of bacteria to antibiotics is a serious concern for society as a whole. Without effective antibiotics, even minor surgery and routine operations could become high risk procedures if serious infections cannot be treated.

Children and young people tend to have higher rates of infection and commonly take antibiotics as treatment. We need to educate children from a young age about infection, good hygiene and using antibiotics responsibly. This was a great opportunity to engage with children and young people in the Borough.

The 'Antibiotic Guardian' Badge Award has been developed by Public Health England aimed at Scouts (including Beavers) and Girlguiding Groups of all ages that links with their existing programmes of achievement. We were one of a number of areas to pilot the new award.

To be awarded the badge the children had to attend a learning event and take part in creative activities, including a competition to design a superbug! Take a look at the winning superbugs below.

Julie, Kirsty and Olivia taught the children all about microbes, the spread of infections and antibiotics. The children then made a pledge to be an "Antibiotic Guardian" and had to think about what they would do to help protect antibiotics.

## What can you do?

We can all help to keep antibiotics working through simple everyday actions:

- Prevent the spread of infection by engaging in good infection prevention practices such as hand hygiene and using a tissue when we sneeze;
- Prevent infections by ensuring we are up to date on vaccinations;
- Use antibiotics as directed by your health professional and never take leftover antibiotics or someone else's antibiotics.

You can also sign up to be an Antibiotic Guardian. [Click here](#) to visit the website and make your pledge!

If you have any questions please don't hesitate to contact Wigan Borough CCG on 01942 482711 or [shapeyournhs@wiganboroughccg.nhs.uk](mailto:shapeyournhs@wiganboroughccg.nhs.uk).



**Bug Busters**  
Build - a - Bug Competition

NHS  
Wigan Borough  
Clinical Commissioning Group

**Build your own superbug bug!**

- ✓ What does a superbug look like?
- ✓ We need your help to build the best superbug you can!

**Why?**

Antibiotics are medicines that kill harmful bacteria. Taking antibiotics when you do not need them could mean that they will stop working in the future. The bacteria could become superbugs!

Help stop the superbugs! Stop bacteria from spreading by always washing your hands properly:

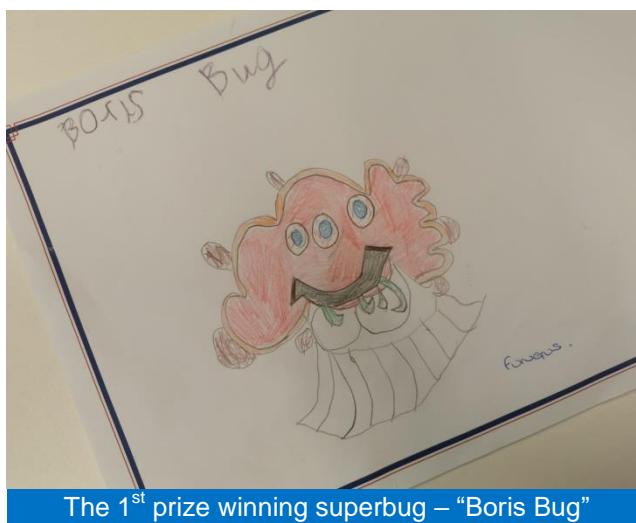
- > After you have been to the toilet
- > Before and after eating food
- > After blowing your nose or sneezing
- > Before cooking
- > After touching animals

**What we need you to do**

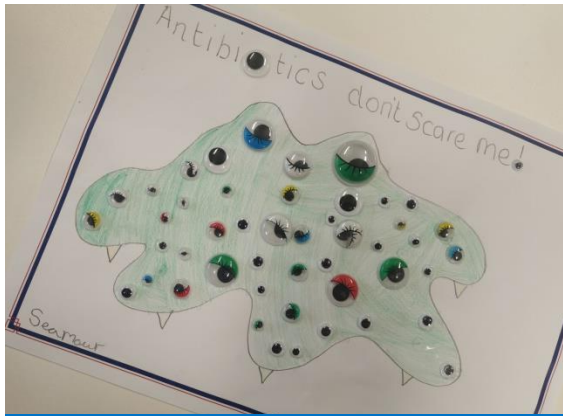
- > Create the best superbug you can and draw a picture of it.
- > Give your superbug a name—but don't let it bite you!
- > The winning picture will be used on this sheet.
- > Make a pledge to promise you'll help fight the superbugs at <https://antibioticguardian.com/>
- > Ask your friends and family to pledge too
- > Ask an adult to share a photo of your bug with your Beaver Leader

Space for the Winning Bug

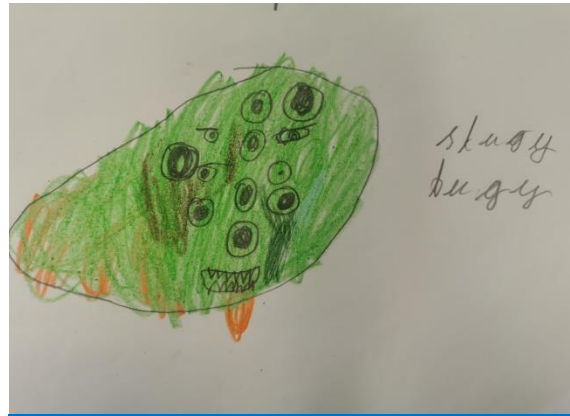
The "build a superbug" competition



The 1<sup>st</sup> prize winning superbug – "Boris Bug"



The 2<sup>nd</sup> prize – "Seamour"



The 3<sup>rd</sup> Prize – "Sluggy buggy"